BABY NEWT · PEDIATRIC DEVELOPMENT CHECKLIST

6-Month-Old Baby Developmental Milestones

Child's Name: _____

Date / Age: _____

Clinical Standard (AAP & CDC): Benchmarks reflect what 75%+ of children demonstrate at 6 Months. Bring this checklist to your child's 6 Months well-child pediatric examination.

1. Social & Emotional Connection

[ ] Recognizes familiar faces and begins to show stranger hesitation.

[ ] Likes to look at their own reflection in a safe baby mirror.

[ ] Laughs out loud, squeals with delight, and smiles at caregivers.

[ ] Responds warmly to other people's happy emotions and playful gestures.

2. Language & Auditory Response

[ ] Strings consonant & vowel sounds together (ba-ba, ma-ma, da-da).

[ ] Takes turns making sounds with parents (verbal conversational banter).

[ ] Makes distinct vocal noises to express joy, excitement, and displeasure.

[ ] Responds and turns promptly when their own name is spoken.

3. Cognitive & Sensory Exploration

[ ] Passes objects and toys smoothly from one hand to the other.

[ ] Shows deep curiosity by reaching for items that are just out of reach.

[ ] Brings toys and teething rings to mouth to explore texture and shape.

[ ] Tracks the path of a dropping toy with attentive eyes.

4. Movement & Physical Motor Skills

[ ] Rolls over in both directions: tummy-to-back AND back-to-tummy.

[ ] Begins to sit without support (tripod sit or upright for several seconds).

[ ] Supports weight on legs and bounces happily when held upright.

[ ] Rocks back and forth on hands and knees (pre-crawling movement).

■■ **When to Check with Your Pediatrician:** Does not reach for objects within sight · Shows no affection toward primary caregivers · Does not roll in either direction · Does not laugh or squeal · Seems stiff with tight muscles or very floppy/limp.

Questions for Pediatrician & 6 Months Checkup Notes:

Weight: _____ Height: _____ Head Circ: _____

Questions & Milestones to Discuss: _____

_____

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