BABY NEWT · PEDIATRIC DEVELOPMENT CHECKLIST

2-Year-Old Toddler Developmental Milestones

Child's Name: _____

Date / Age: _____

Clinical Standard (AAP & CDC): Benchmarks reflect what 75%+ of children demonstrate at 2 Years (24 Months). Bring this checklist to your child's 2 Years (24 Months) well-child pediatric examination.

1. Social & Emotional Connection

[ ] Notices when other children or adults are hurt or crying (shows empathy).

[ ] Plays alongside other children and occasionally joins in their game.

[ ] Looks at your facial expressions to see how to react in unfamiliar situations.

[ ] Shows increasing independence and self-will ('I do it!').

2. Language & Auditory Response

[ ] Puts at least two words together ('more milk', 'big dog', 'bye-bye dada').

[ ] Points to things or pictures when named in a picture book.

[ ] Vocabulary of at least 50 distinct spoken words.

[ ] Follows two-step simple commands ('pick up the ball and put it on the table').

3. Cognitive & Sensory Exploration

[ ] Holds a container with one hand while removing the lid with the other.

[ ] Plays simple pretend games (feeding a doll, talking on a toy phone).

[ ] Turns door knobs, light switches, and unscrews jar lids.

[ ] Sorts shapes and colors into basic matching groups.

4. Movement & Physical Motor Skills

[ ] Kicks a ball forward without losing balance.

[ ] Runs smoothly without frequent tripping.

[ ] Walks up and down stairs two feet per step holding the railing.

[ ] Jumps with both feet clearing the ground simultaneously.

[ ] Builds a block tower of 4 to 6 blocks.

■■ **When to Check with Your Pediatrician:** Does not use 2-word phrases ('want cookie') · Does not imitate actions or words · Does not follow simple instructions · Does not walk steadily · Loses previously acquired language or social skills.

Questions for Pediatrician & 2 Years (24 Months) Checkup Notes:

Weight: _____ Height: _____ Head Circ: _____

Questions & Milestones to Discuss: _____

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