BABY NEWT · PEDIATRIC DEVELOPMENT CHECKLIST

2-Month-Old Baby Developmental Milestones

Child's Name: _____

Date / Age: _____

Clinical Standard (AAP & CDC): Benchmarks reflect what 75%+ of children demonstrate at 2 Months. Bring this checklist to your child's 2 Months well-child pediatric examination.

1. Social & Emotional Connection

- [ ] Smiles back when you smile or talk to them (true social smile).
- [ ] Calms down or pauses crying when spoken to or held.
- [ ] Watches and intently gazes at your face, hairline, and mouth.
- [ ] Sucks on hands or fingers to self-soothe when stimulated.

2. Language & Auditory Response

- [ ] Makes soft cooing & vowel sounds ('ooh', 'aah', gentle gurgles).
- [ ] Turns head or quiets in response to familiar parent voices.
- [ ] Startles, blinks, or flares arms to unexpected loud noises.
- [ ] Pauses between coos to listen to your response (reciprocal vocal play).

3. Cognitive & Sensory Exploration

- [ ] Follows moving objects/faces side-to-side across 180° arc.
- [ ] Focuses intently on high-contrast black & white patterns.
- [ ] Shows brief signs of boredom or fussiness when tired of an activity.
- [ ] Maintains steady visual focus on objects 8–12 inches away.

4. Movement & Physical Motor Skills

- [ ] Holds head up to 45° angle during supervised tummy time.
- [ ] Moves both arms and both legs with smooth, symmetrical kicks.
- [ ] Briefly unclasps fists and opens fingers during wakeful play.
- [ ] Holds a lightweight rattle for a few seconds when placed in hand.

■■ **When to Check with Your Pediatrician:** If by 9–10 weeks baby does not smile at people · Does not track moving objects with eyes · Does not hold head up briefly during tummy time · Does not respond to loud sounds · Limbs seem extremely stiff or floppy.

Questions for Pediatrician & 2 Months Checkup Notes:

Weight: _____ Height: _____ Head Circ: _____

Questions & Milestones to Discuss: _____

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