BABY NEWT · PEDIATRIC DEVELOPMENT CHECKLIST

18-Month-Old Toddler Developmental Milestones

Child's Name: _____

Date / Age: _____

Clinical Standard (AAP & CDC): Benchmarks reflect what 75%+ of children demonstrate at 18 Months. Bring this checklist to your child's 18 Months well-child pediatric examination.

1. Social & Emotional Connection

[ ] Moves away from you to explore, but checks back frequently for safety.

[ ] Points to show you something interesting or funny in the room.

[ ] Reaches hands out for you to wash and dry them.

[ ] Looks at pages in a board book with you and points to pictures.

2. Language & Auditory Response

[ ] Says at least 3 to 10 clear words besides 'mama' and 'dada'.

[ ] Follows simple 1-step verbal directions without gestures ('sit down').

[ ] Points to at least one body part when asked ('Where is your nose?').

[ ] Shakes head and says 'No' to express personal preference.

3. Cognitive & Sensory Exploration

[ ] Imitates household chores (sweeping with a broom, wiping table).

[ ] Plays with toys in an intentional, functional way (driving a car, pushing train).

[ ] Scribbles freely on paper with large crayons.

[ ] Understands names of familiar people, pets, and everyday objects.

4. Movement & Physical Motor Skills

[ ] Walks confidently and may run with enthusiasm.

[ ] Walks up stairs with caregiver hand support.

[ ] Climbs onto low adult chairs or sofas without help.

[ ] Helps undress self by pulling off socks, shoes, or open jackets.

■■ **When to Check with Your Pediatrician:** Does not point to show things to others · Does not walk independently · Does not know what common objects are for · Does not copy others · Has fewer than 6 spoken words · Loses skills.

Questions for Pediatrician & 18 Months Checkup Notes:

Weight: _____ Height: _____ Head Circ: _____

Questions & Milestones to Discuss: _____

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